

School-Based Behavioral Health Screening Initiative

⇒ How to Identify Students for Screening ⇐

Behavioral health issues often present in the classroom in a wide array of internalized and externalized behavior. It may seem difficult to identify when a student should be screened for behavioral health issues however, at any given time, about one of every five students has a significant mental health condition that affects the child's life and that of his or her family, and creates challenges for you as an educator. Just as some students have physical illnesses, disabilities, or injuries that require adjustments in curriculum and instruction, students who have behavioral health challenges may also have symptoms that can interfere with school attendance and/or learning. If you have a student who is demonstrating a change in behavior or some of the behaviors below, you may want to consider a behavioral health screen (after receiving parental consent).

YOU CAN'T SCREEN TOO MUCH OR TOO OFTEN!



Internalizing Behaviors

Change in Academic Performance

Being Withdrawn

Drastic Change in Grades

Sudden Changes in Mood

Sleeping in Class

Somatic Complaints

Anxiety



Externalizing Behaviors

Suspected Substance Use

Truancy/Tardiness

Disruptive Behavior

Oppositional Behavior

Violent Behavior

Antisocial Behavior

Remember: Behaviors can be symptoms of bigger problems!